

Content • Note etc. (See the item you are taking.)

Screening Item	※If the medical questionnaire sheet has notes, please read the notes, too.
For all items	①Wear clothes that are easy to take on and off. Take off accessories. ②If the person is pregnant or may be pregnant, screening of lung/stomach (X ray)/breast/cervical cancer is not available. ③If the person needs care, please accompany the person.
Lung cancer screening	Wear a plain T-shirt. Padded inner wear, plastics such as button, bras with metallic hook, lacework etc. are not permitted.
Colorectal cancer screening	①Excretions can be collected from 4 days prior to the screening. Collect 2-day excretions. Keep collected excretions in a cool place (refrigerator etc.). ②Do not collect excretions when you have a period. ③For person who could not collect excretions (Including person who collected only 1-day excretions), bring all the containers and consult at the counter on the day. ④For person taking colorectal cancer screening only, reception hour is early. You can ask your family having a checkup on the day to submit samples for you.
Stomach cancer screening (Barium) 【Person who cannot take it】 • Person who had stomach removal surgery • Person with a record of hypersensitivity to barium product 【Person who needs to be careful】 • Difficulty with drinking/ Coughs when drinking (Aspiration may occur.) • Constipation (Intestinal obstruction may occur.) • Cannot hold its weight over hand rail (The person may fall.)	①Finish your meal by 10:00 pm on the previous day. (Drinking water is OK until bedtime, but avoid drinking alcohol.) ②On the screening day, you can drink 200ml (about 1 glass) of water until 2 hours prior to the screening, but do not eat (Including candy, gum etc.) or smoke. ※Medicine for hypertension/ cardiac disease should be taken by 2 hours prior to the screening with water or warm water within 200ml as mentioned above. Do not use medicine for diabetes or insulin before the screening. For other medicines, consult with your doctor. ③Change the clothes to screening outfit in the screening vehicle. ④After the screening, drink much water and make sure to take the medicine provided on the day (laxative).
Breast cancer screening	①Person in breast-feeding or within 6 months after its completion cannot take the screening. ②There may be cases not eligible for the screening in addition to ①. Confirm "Medical Questionnaire Sheet 【Breast Cancer Screening】". ※You will be together with other women at the waiting space in the screening vehicle. Bring something to put on if necessary.
Cervical cancer screening 【Person who cannot take it】 • Person who had entire womb removal surgery • Person who is pregnant or may be pregnant • Person who has not had sexual intercourse	①Cell collection is not possible if the person has a period. Please change the schedule. Consult in advance or on the day. ②Since group screening cannot cope with bleeding etc. , person who has not had sexual intercourse cannot take the screening. If requesting a screening, apply to a medical institution. (It is said that person who has not had sexual intercourse has low probability of getting cervical cancer caused by HPV.)
Prostate cancer screening	Blood examination is conducted.
Stomach cancer risk stratification test	※Only the persons with 40 Health Checkup tickets are eligible for stomach cancer risk stratification test /hepatitis screening.
Hepatitis screening	
Osteoporosis screening	Heel bone is examined. Please wear clothing easy to be bearfooted.

※In the case of cancellation, changing items, or questions on other things, please contact at your earliest convenience.

※Please note that the city's health checkup (unit health checkup, cancer screening by screening vehicle, health checkup at medical institution) can provide only one occasion for the same screening item a year (Once in 2 years depending on the item).